

## **CERTIFICATE IN RELAXATION MASSAGE**



## **Daytime Schedule**

Trimester 1	Credits
MTSC-1201 Anatomy and Physiology 1	4.0
BLS-1000 Basic Life Support	0.0
MTPR-1121 Ethics and Professionalism	2.0
FAD-1000 First Aid	0.0
MTPR-1122 Foundations of Evidence-Informed Practice	1.0
MTPR-1123 Legal Aspects of Therapeutic Massage	0.5
MED-1000 Medical Terminology	1.0
MTCL-1100 Pre-Clinic Workshop	1.5
MTTE-1101 Relaxation Massage 1	2.5
MTTE-1102 Relaxation Massage 2	2.0
INCR-1001 Foundations of Integrative Care	1.0*
Totals	15.5
Trimester 2	
MTSC-1202 Anatomy and Physiology 2	4.0
MTPR-1321 Professional Development-Job Search Skills	0.5
MTTE-1005 Introduction to Special Populations	1.0
MTCL-1201 Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202 Clinic Rotation 2: Enhancement of Clinical Skills	1.0
Totals	7.5
Totals for Entire Program	
Total Credits (includes 2 credits of electives)	25

 $\textbf{Note:} \ \texttt{Courses subject to change.} \ \texttt{Please visit Northwestern Health Sciences University's website for latest course information:} \ \textbf{nwhealth.edu}$ 

<sup>\*</sup>The Foundations of Integrative Care course is a free 1 credit course for our students



## **Evening Schedule**

Trimester 1		Credits
MTSC-1201	Anatomy and Physiology 1	4.0
MTPR-1121	Ethics and Professionalism	2.0
MTPR-1123	Legal Aspects of Therapeutic Massage	0.5
MED-1000	Medical Terminology	1.0
MTTE-1101	Relaxation Massage 1	2.5
INCR-1001	Foundations of Integrative Care	1.0*
Totals		11
Trimester 2		
MTSC-1202	Anatomy and Physiology 2	4.0
BLS-1000	Basic Life Support	0.0
FAD-1000	First Aid	0.0
MTCL-1100	Pre-Clinic Workshop	1.5
MTTE-1102	Relaxation Massage 2	2.0
Totals		7.5
Trimester 3		
MTCL-1201	Clinic Rotation 1: Foundational Skills	1.0
MTCL-1202	Clinic Rotation 2: Enhancement of Clinical Skills	1.0
MTPR-1122	Foundations of Evidence-Informed Practice	1.0
MTTE-1005	Introduction to Special Populations	1.0
MTPR-1321	Professional Development-Job Search Skills	0.5
Totals		4.5
	tire Program	
Total Credits (includes 2 credits of electives)		25

 $\textbf{Note:} \ \textbf{Courses subject to change.} \ \textbf{Please visit Northwestern Health Sciences University's website for latest course information:} \ \textbf{nwhealth.edu}$ 

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